



HEDINGHAM SCHOOL
AND SIXTH FORM
ACHIEVEMENT & EXCELLENCE

Official Sensitive

8 November 2023

Dear Parent/Guardian

Relationships and Sex Education

In accordance with the Government guidelines, Hedingham School provides students with a personal development programme which delivers content related to Relationships and Sex Education. To support this, we utilise block sessions (off timetable) to explore a variety of different issues. We have a dedicated team of Hedingham teaching staff to run the sessions.

Students in **Year 11** will have their RSE sessions during week beginning 13 November when they will be given information about topics including:

- **Harmful content on the internet.**
- **The law surrounding consent.**
- **Contraception. Understanding different types of STIs.**

Some parents prefer to take the responsibility for aspects of this element of education. They have the right to withdraw their children from all or part of the relationships and sex education except for those parts included in the statutory National Curriculum (i.e. in Science lessons) or in subjects where apparently unrelated topics lead to a discussion on aspects of sexual behaviour. We would make alternative arrangements in such cases. The request to withdraw must be made in writing to the Headteacher.

Parents are welcome to review any RSE resources the school uses and are encouraged to discuss their decisions with staff at the earliest opportunity. The school policy on Relationships and Sex Education is available in full on the Hedingham School website in the policies section under School Information.

Yours sincerely

Mr Nash
Assistant Headteacher

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